



# Oh-i!

英語



Issued by Utsunomiya International Plaza (UIP)  
Edited by NPO Utsunomiya City International Association (UCIA)  
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## Enjoy autumn nearby!!



When Japanese people think of autumn, they are reminded of good food, the fine arts, and sports. There are many fun things to enjoy in autumn in Japan!!

Today I'll tell you about some places recommended to enjoy autumn that are nearby.



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A delight in autumn are autumn leaves. I wonder if there are any good places to enjoy them nearby.

### Recommended spot~ Autumn leaves~



#### □ Nakagawarakuseki (Nasukarasuyama City)

It is a place with good scenery and also known as "Kanto's Arashiyama." The autumn leaves in the sunlight are a beautiful sight to see. (Prime viewing: Beginning - middle of November)

#### □ Furumine Shrine (Kanuma City)

Enjoy the abundant colorful autumn leaves at the 82,500m<sup>2</sup> Japanese garden "Kohouen." There is an admission fee. (Prime viewing: End of October - beginning of November)

#### □ Imamiya Shrine (Sakura City)

A large ginkgo tree on the premises is estimated to be about 800 years old. This tree's yellowish appearance is magnificent. There is a period of time when it is lit up at night as well. (Prime viewing: Beginning - middle of November)



In addition to autumn leaves, I also recommend cosmos. You can see cosmos at Takanezawa-machi **Kinu Green Park**. The prime viewing period is from the end of September through the middle of October.



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Here is what I recommend for people who want to enjoy the fine arts!

### Recommended spot~Fine arts~

#### □ Nakagawa-machi Bato Hiroshige Museum of Art (Nakagawa-machi)

It is a facility made of local cedar tree wood where works of the Edo Period Ukiyoe artist, Hiroshige Utagawa, can be seen.

There is an admission fee. ☎0287-92-1199

#### □ Kazuo Iwamura Ehon no Oka Museum of Art (Picture Book Museum) (Nakagawa-machi)

This is picture book artist Kazuo Iwamura's art museum. You can enjoy both the world of picture books and the nature of mountains, the setting, at the same time. There is an admission fee. ☎0287-92-5514

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For people who want to enjoy sports, I really recommend the **Japan Cup** bicycle race!!



This year the annual Japan Cup Cycle Road Race in Utsunomiya City will be held on October 22 (Sat) and 23 (Sun). People who like bicycles from all over Japan come to watch this race.

The October 22 (Sat) Criterium will be held on the main road in front of Futarayama Shrine in central Utsunomiya. You can watch the fast pace bicycling athletes in action numerous times. On October 23 (Sun) they will run the Shinrin Koen (Forest Park) course. Please come watch!



**Good luck!!  
Utsunomiya  
BLITZEN!!**

④

## National pension insurance fee exemption system



The national pension is a program in which all persons between the age of 20 and 60 who have an address in Japan must enroll. This exists for the purpose of providing support for those of old age, or when one becomes disabled due to illness or injury, or when a family loses its source of income.

Due to economic circumstances or other instances in which it is difficult to pay the national pension insurance fee (2016 fiscal year monthly fee of 16,260yen), there is an exemption system. The following are the two types of exemptions.

### Legal exemption

When one of the following applies to insured persons of the 1st grade of the national pension plan (self-employed persons, students, etc.), if a notification is made then during that time period the insurance fee will be waived (permission given not to pay).

- When receiving livelihood assistance according to the Livelihood Protection Act
- When receiving a disability basic pension, welfare pension, or mutual aid association disability pension (level 2 or higher)

### Application exemption

When one's income is low and it is difficult to pay the insurance fee, he/she can apply. The following are the four types of application exemptions.

- Complete exemption    No fee
- 1/2 exemption        Monthly fee: 8,130yen
- 1/4 exemption        Monthly fee: 12,200yen
- 3/4 exemption        Monthly fee: 4,070yen

※The pension amount during the exemption period is less than the complete amount.

Applications can be made once a year.

#### ▼ Where to apply

Please bring your pension book and seal to the Insurance Pension Division (City Hall 1F), your local self-government center, local citizen's center, or branch office to apply.

▼ Inquiries: Hoken Nenkin-ka (Insurance Pension Division) 028-632-2327



## What is the "Family Support Center?"

### – What is done at the Family Support Center?

It is a member organization created to support child rearing in the area. It introduces people who want to receive support (request members) to people who want to provide support (cooperative members).

### – What support is available?

Taking young children to and picking them up from preschool or kindergarten, taking care of them before or afterwards, taking care of children after school or following after school care, or taking care of children when their parents have something to do suddenly come up or when they are away. The support is provided in the cooperative member's homes.

### – Can anyone make a request?

Anyone who lives in the city or is working, and is raising children ages 6 months through elementary school 6th grade.

### – Does it cost money?

Monday - Friday 7:00AM - 7:00PM is 700 yen per hour. Times other than that or Saturdays, Sundays, national holidays, and the year-end/start are 800 yen per hour.

### – What are the conditions for cooperative members?

They must live in this city, be physically and mentally healthy, have an interest in raising children, and take part in a 3 day training course.

### – How can I sign up to use the center or become a cooperative member?

If you are interested in becoming a member, bring 2 photos of yourself and ID to the Shimin Plaza 6F Family Support Center to sign up. For more details, please call at 028-616-1571.

## Fun events 🎵 🎵



### Enjoy hiking and a BBQ!



🕒 October 30 (Sun) 9:00AM - 4:00PM (It will take place even if it rains.)

😊 Make friends while enjoying hiking, a BBQ, games, and more!!

Cost 1,500yen (UCIA members: 1,000yen, elementary school kids and younger: 500yen)  
\*Including insurance

Sign up deadline October 20 (Thurs) \*Please submit your name, address, date of birth, contact number (TEL no.), and nationality

Meeting place 1. JR Utsunomiya Station east exit 9:00AM meet & depart  
2. Utsunomiya Omotesando Square 1F east entrance 9:15AM meet & depart



UCIA TEL 028-616-1870 FAX 028-616-1871 E-mail ucia@ucia.or.jp

### ~ Kimono dress up workshop ~



🕒 October 30 (Sun) 1:30PM

Cost 500yen

😊 How about putting on a kimono and going to a shrine? You are welcome to take commemorative photos! 🎵

Cap. 10 people  
(\*In order of those who sign up)

@ Utsunomiya Omotesando Square 5F  
Shimin Plaza Meeting Room #2

Sign up Call or send a fax or e-mail (with your name, gender, age, TEL) by October 22 (Sat)!



UCIA TEL: 028-616-1870 FAX: 028-616-1871 E-mail: ucia@ucia.or.jp



### Utsunomiya Gyoza Festival 🎵

🕒 November 5 (Sat) & 6 (Sun)  
10:00AM - 4:00PM

😊 Enjoy eating various types of gyoza at the "Gyoza Town" Utsunomiya's Gyoza Festival! Gyoza sold for 100 yen per plate (3 gyoza)

@ Utsunomiya Joshi Koen (Castle Park)

📞 Utsunomiya Gyoza Festival Organizing Committee 028-632-2445



### 🎵 International Salon

🕒 4<sup>th</sup> Sunday of every month  
4:00 – 6:00PM

October 23 (Sun) Halloween Party

😊 An event at which you can talk with people from various countries

Cost Free (0 yen)

@ Utsunomiya International Plaza (UIP)

📞 Utsunomiya International Plaza (UIP) 028-616-1563



Information

# Bicycle rental



Bicycle rental is available at 8 bicycle parking lots in Utsunomiya City. How about going cycling!

Eligible people	Junior high school age or older (Elementary school students can rent a bicycle with their guardian.) ※A form of personal ID (residence card, passport, etc.) is necessary.
Time	8:00AM - 9:00PM
Cost	100yen per day (Electric powered bicycle: 300yen per once a day)
Where to rent and return	JR Utsunomiya Station west exit bicycle parking lot ☎028-621-7112 JR Utsunomiya Station east exit 1 <sup>st</sup> bicycle parking lot ☎028-635-0859 JR Utsunomiya Station east exit 2 <sup>nd</sup> bicycle parking lot ☎028-635-9722 Chuo Elementary School north bicycle parking lot ☎028-637-7918 Tobu Utsunomiya Station east bicycle parking lot ☎028-636-4875 JR Tsuruta Station bicycle parking lot ☎028-636-3725 JR Suzumenomiya Station east exit bicycle parking lot ☎028-653-2241 JR Okamoto west exit bicycle parking lot ☎028-671-0201

Please obey traffic rules when bicycle riding!



Utsunomiya International Plaza (UIP) Services

## Consultation for Foreign Residents



		Spanish Portuguese	Chinese	Thai	English
UIP ☎028-616-1564	3:00PM- 6:00PM	Mon	Tues	Wed	Fri
		4 <sup>th</sup> Sunday of month (appointment needed)			
City Hall ☎028-632-2834 (during office hours)	9:00AM- 12:00PM	Thurs	2 <sup>nd</sup> Thurs	—	—
	2:00PM- 5:00PM	Thurs	—	2 <sup>nd</sup> Thurs	2 <sup>nd</sup> Thurs
Administrative Scrivener ☎028-616-1564	3:00PM- 5:00PM	3 <sup>rd</sup> Monday (appointment needed)			

## Interpreter Volunteer Service

Go with someone needing language assistance to such places as national and prefectural facilities and the city hall and interpret for them.

- ▶ Monday – Saturday  
9:00AM - 5:00PM
- ▶ 1 time (2 hrs) 2,000 yen
- ▶ Please fill out an application form at UIP, pay the fee, and apply.

“Oh-ii!” is published in easy Japanese, English, Chinese, Portuguese, and Thai, and is also available on the UCIA website. <http://www.ucia.or.jp>  
There you can enjoy reading past issues of the “Oh-ii!” too.

Clip art on page 1 provided by: Yurika Usui & Natsuki Nemoto