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Heavy Rain! Evacuate!



The typhoon season has just come.

Yes. I'm worried about it because big disasters caused by heavy rain have increased recently.



①



I don't understand the meaning of the information about heavy rain and evacuating that is on TV and mobile phones...

Now I'll let you know about the meaning of the disaster prevention information.



②

※Evacuation... Go to a safe place.



There are three stages for information about heavy rain and evacuation. Please make sure you understand the meaning correctly and take action.



Heavy rain Information

Evacuation Information

おおあめちゅういほう
1) 大雨注意報 [Heavy rain advisory]
There is a possibility of disasters occurring from heavy rain.

おおあめけいほう
2) 大雨警報 [Heavy rain warning]
There is a possibility of a major disasters occurring from heavy rain.

おおあめとくべつけいほう
3) 大雨特別警報 [Heavy rain emergency warning]
There is a heightening danger of serious disasters occurring from heavy rain.

Danger

ひなんじゅんび こうれいしゃとうひなんかいし
1) 避難準備・高齢者等避難開始 [Prepare to Evacuate and Start Evacuation the Elderly, etc.]
① Start evacuation those who need time to evacuate, such as the elderly and handicapped.
② Prepare so you can evacuate at any time.

ひなんかんこく
2) 避難勧告 [Evacuation Advisory]
Everybody who lives on the relevant areas should evacuate.

ひなんしじ きんきゅう
3) 避難指示 (緊急) [Evacuation Order] (Emergency)
People who have not evacuated yet should evacuate immediately.
※ If you don't have enough time to evacuate, go to a safe place inside your home immediately.

! Get it started to evacuate if you feel your life is in danger even though these information are not announced!

③



Please confirm the information on the TV or radio when you are worried about a danger occurring from heavy rain. Furthermore, make sure you are aware of your closest evacuation shelter shown on the Utsunomiya Hazard Map. (<http://www.city.utsunomiya.tochigi.jp/kurashi/anshin/bosai/1003241.html>)

At the Tochigi prefectural Disaster Prevention Hall you can experience heavy rain and strong wind, etc. in Utsunomiya. For more details, please see page 4!



④

An incurable disease is a disease for which the cause is unknown, it doesn't get better soon, is very rare, and requires long term treatment.

Among incurable diseases, the criteria for diagnosis is predetermined, and diseases whose number of patients is less than 0.1% of the population are considered "designated incurable diseases," and can receive subsidies for medical expenses.

There are 331 kinds of "designated incurable diseases," such as ulcerative colitis, Parkinson's disease, etc.

※Medical expenses for incurable diseases

The amount of money paid by oneself is 20% of the total amount, and it is to be paid up to the monthly upper limit (this amount differs from person to person).

▽Target persons

- ① Meet the criteria for diagnosis
- ② There are three or more months each year that the criteria of severity classification (each disease divided by symptoms) is met or the total medical expenses for this disease (100%) exceeds 33,330 yen

Please consult your doctor before applying.

▽ For other diseases, please check with the Utsunomiya City website etc. for details.



※Various services

If you have difficulty in daily life, you can use disabled welfare service and long-term care insurance service. When it is recognized that support and nursing care are necessary, you can use services such as housekeeping assistance and hospital assistance.

※Work consultation

Hello Work Utsunomiya (Akebono-cho) provides job hunting support for people with incurable diseases. You can look for jobs you can do while you are having treatment, and can consult about how to explain your situation to a company, etc.

※Tochigi Incurable Disease Consultation Support Center

You can talk to public health nurses or peer supporters by phone or have an interview on weekdays from 10:00AM - 4:00PM in the Tochigi Kenko no Mori (Komanyu-machi). Medical consultation is also provided.

Inquiries: Health Issue Prevention Division

☎ 028-626-1114



My Number Card is becoming more and more convenient

In Utsunomiya City, there is a convenient "convenience store delivery service" in which you can get a certificate, such as a copy of a resident card, from 6:30AM to 11:00PM at 200 convenience stores in the city using your My Number Card. In addition, there is a possibility of a service in which you can use points accumulated from various things. Please apply for a My Number Card which is going to become even more convenient than it is now.

※Apply for and receive a My Number Cards on holidays

For those who cannot receive a My Number Card on weekdays, you can also receive it on a holiday once a month at the Citizen Section (City Hall first floor). You can apply for it starting in August.

For details on procedures and the schedule, please contact the Citizen's Section at ☎ 028-632-5266.



Enjoy Hiking & BBQ!!



pixta.jp - 21301829

🕒 September 30 (Sun) 9:00AM – 4:00PM (Rain or shine)

😊 Let's make friends while enjoying hiking & BBQ & games!!

Cost Adults: 1,500 yen (UCIA members: 1,000yen, Children under elementary school students: 500yen) *insurance included

Sign up Please sign up by calling or sending a FAX or e-mail to UCIA and provide your name, address, the date of birth, telephone no., and nationality by Sep. 22 (Sat).

@ Utsunomiya city Adventure Activity Center (1885-1 Shinoimachi)

☎ Utsunomiya City International Association (UCIA)

TEL 028-616-1870 FAX 028-616-1871 Email ucia@ucia.or.jp



International Exchange salon

🕒 Every 4th Saturday 4:00PM - 6:00PM

Sep.22 Halloween decoration making

😊 An event at which you can talk with people from various countries.

Cost Free

@ Utsunomiya International Plaza

☎ 028-616-1563

👉 **Held every 4th Saturday of the month!**

Utsunomiya Art Museum music concert Concert in the forest

🕒 September 22 (Sat)

11:00AM – 12:00PM

😊 Flute and piano playing by Nishizono Ayami and Tomita Risa

Max 170 people

Cost Free

@ Utsunomiya Art museum Lecture room (1077 Nagaokamachi)

☎ 028-643-0100



Time with the stars and music



🕒 September 29 (Sat) & 30 (Sun)

3:00PM – 3:45PM

😊 Enjoy listening to "Spitz" music under the special program planned by the staff under the sky of the planetarium

Max 280 people

Cost Adults: 210yen Children: 100yen

Children under 3 years old: free

@ Tochigi Children's General Science Museum (567 Nishikawada)

☎ 028-659-5555

Miya Sunset Jazz



🕒 September 22 (Sat)

5:00PM – 8:10PM

😊 Enjoy live jazz music in the center of town ♪
It is an event of jazz town planning.

Cost Free

@ Orion Square (8-3 Enomachi)

☎ Utsunomiya Jazz Town Committee Secretariat
028-632-2767



Tochigi Prefectural Disaster Prevention Hall



I will tell you about the Tochigi prefectural Disaster Prevention Hall mentioned on page 1.

At the Disaster Prevention Hall, you can experience 4 things: heavy wind, smoke, an earthquake, and heavy rain.

Open: 9:30AM - 4:30PM (Admission is until 3:30PM)

Admission: Free

Closed: Every Monday, and December 28 to January 4

※ Open on public holidays. In that case closed the next day.

☎: 028-674-4843

Address: 248 Nakasato-cho Utsunomiya City

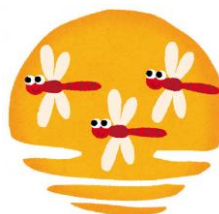
◇ It is necessary to sign up to use the Disaster Prevention Hall for groups (10 people or more).

Why don't you experience these things at the Disaster Prevention Hall to be prepared for disasters?



Utsunomiya International Plaza (UIP)

Consultation for Foreign Residents



		Spanish Portuguese	Chinese	Thai	English
UIP ☎028-616-1564	3:00PM - 6:00PM	Mon	Tues	Wed	Fri
		4 th Sunday of month (appointment needed)			
City Hall ☎028-632-2834 (during office hours)	9:00AM - 12:00PM	Thurs	2 nd Thurs	—	—
	2:00PM - 5:00PM	Thurs	—	2 nd Thurs	2 nd Thurs
Administrative Scrivener ☎028-616-1564	3:00PM - 5:00PM	3 rd Monday (appointment needed)			

Interpreter Volunteer Service

Go with someone needing language assistance to such places as national and prefectural facilities and the city hall, and interpret for them

- ▶ Monday – Sunday 8:30AM – 7:00PM
- ▶ 1 time (2 hours) 2,000 yen
- ▶ Please fill our application form at UIP, pay the fee, and submit the application.

“Oh-!” is published in easy Japanese, English, Chinese, Portuguese, Thai and Vietnamese, and is also available on the UCIA website. <http://www.ucia.or.jp> There, you can enjoy reading past issues of the “Oh-!” too.

Clip art on page 1 provided by: Yurika Usui & Natsuki Nemoto