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Enjoy hiking in the spring mountains



It's getting warmer and becoming a nice season, but I'm scared of getting the Coronavirus, so I haven't really gone out much.



Maybe an outdoor activity would be a good idea. I know, let's go hiking.



I also don't want to go to places where there are a lot of people gathered indoors.



In Utsunomiya City alone there are several hiking courses. How about going for a leisurely walk while looking at vegetation and flowers on the path, and listening to the birds sing.

■□□■ Main hiking courses in Utsunomiya City ■□□■

There are explanations on the hiking courses on the Utsunomiya Convention and Visitors Bureau's website. Please be sure to wear shoes that you are used to wearing. It is recommended that you bring along a beverage, lunch, snacks, raincoat, and even a jacket, etc. as it can be quite cold on mountain peaks. A cell phone is also essential.

	<p>Hagurosan (Mt. Haguro) (458m) Hagurosan Shrine is located on the top of the mountain. It is called "Ohagurosan." The course starts at one torii gate along prefectural road No. 63, and after walking about 1.6km arrives at the shrine. Walking time: About 1 hour</p>
	<p>Kurakakesan (Mt. Kurakake) (492m) The entrance of the mountain trail is beyond the Tochigi-ken Sogo Shagekijo (presently closed), located in Nissato-machi. The entire mountain is enshrined with the Kurakakesan Shrine, and there are 2 mountain trail courses to the top of the mountain. There are some places with unstable footing, so please be careful. Walking time: About 2 hours</p>
	<p>Tagesan (Mt. Tage) (377m) Tage Fudosen (Temple) is located partway up the mountain. One of the mountain trails begins within the precincts. The mountain trail from within the precincts has stairs installed, and is easy to walk on, even for beginners. Walking time: About 1 hour. Take the Kanto Bus from JR Utsunomiya Station bound for "Tateiwa," get off after 30 minutes at the "Tateiwa Iriguchi" bus stop, and walk for about 10 minutes to the start location.</p>
	<p>Shinoi Tomiya Mountain Range In addition to the highest mountain, "Honzan (Mt. Honzan)" , "limoriyama (Mt. limori)" "Takadate Yama (Mt. Takadate)," and other mountains are connected in the range. It is also called the "Utsunomiya Alps." You can walk the trails in one day. The course starting from the Boken Katsudo Center and walking along Honzan and limoriyama is recommended to start out with. Walking time: About 2 hours 30 minutes</p>
	<p>Kogashiyama (Mt. Kogashi) (583m) This is a low elevation mountain located in the northwest suburbs of Utsunomiya City. The Shinrin Koen Gawa course is recommended for beginners or families to enjoy. You can see the course on the signs. Walking time: About 3 hours</p>

Protect valuable life and items from fires

In Utsunomiya City in 2019 there were 119 fires. Of those, approximately 40% occurred in March - May. This is a season when fires occur easily, so please confirm the following 7 points to prevent fires and be careful.

Don't smoke when sleeping

Don't place burnable items near flames

Stay near flames when cooking

Install a smoke detector (buzzer that goes off when sensing smoke or heat) in your house

Use curtains and sheets that don't easily burn

Have a fire extinguisher on hand

Help others living nearby

If a fire occurs and you need to call for help, please dial "119"

Please call the Shobokyoku Yobo-ka (Fire Bureau Prevention Division) at ☎ 028-625-5505 for information on anything you don't understand.

Coronavirus Hotline for Tochigi Foreign Residents

If you have any concerns about the Coronavirus (COVID-19),

please call. ☎ **028-678-8282** 24 hours daily

Languages: English, Chinese, Vietnamese, Tagalog (Philippines), Portuguese, Spanish, Korean, Nepalese, Thai, Indonesian, Burmese, Khmer (Cambodia), Malay (Malaysia), Mongolian, Russian, French, German, Italian

※Depending on the consultation content, a 3-way call be interpreted by connecting to the "Returnee & Contact Person Consultation Center," etc.

Inquiries: Tochigi International Association (TIA)

☎ 028-621-0777 (8:30AM – 5:15PM, Closed Mondays) <http://tia21.or.jp>

Enjoy spring at the park 🎵

Name	Explanation	Address	Inquiries
Hachimanyama Koen	Both children and adults can enjoy this park, with Utsunomiya Tower, slides and other play equipment, go carts, animal area, etc.	5-1-1 Hanawada	028-624-0642
Utsunomiya Shinrin Koen	This park has abundant vegetation, where you can enjoy camping, barbecuing, cycling, hiking, etc.	1074-1 Fukuoka-machi	028-652-3450
Tochigi-ken Chuo Koen	This is a beautiful park, with both Japanese and western-style gardens, with the theme "water and vegetation and culture"	2-50 Mutsumi-cho	028-636-1491
Oya Keikan Koen	This is a tourist spot, with Oya Temple, the Oya History Museum, etc. nearby, representative of "Oya, home of stones"	1224-1 Oya-machi	028-632-2445

Festa my Utsunomiya 2020 International Exchange Square
 ~Join hand in hand, friends of the world~

🕒 May 17 (Sun) 10:00AM – 3:00PM

🎪 <Booths>

Tea ceremony experience, Iranian cuisine, Brazilian cuisine, Taiwanese cuisine, Korean cuisine, coffee and beer from around the world, African beads, Fairtrade products, etc. booths, and international exchange group information, etc.

<Stage>

You can enjoy musical performances using Japanese traditional instruments and folk instruments from around the world, dancing from around the world, and more. 🎵

Sign up Not necessary

@ Banba Hiroba (Square below Futaarayama Shrine)

☎ Utsunomiya City International Association 028-616-1870

International Exchange Salon 🎵

🕒 Every 4th Saturday 4:00PM – 6:00PM

May 23 (Sat)

Contents: 2020 fiscal year activities

🎪 A fun event to interact with people from various countries. Family participation is also welcome!

¥ Free

@ Utsunomiya International Plaza (4-1-1 Baba-dori)

☎ 028-616-1563

In order to prevent the spread of novel coronavirus infection, we will not hold an international exchange salon in April.

Other events may change in the future.

Please check with Utsunomiya City International Association (UCIA) 028-616-1870 when you participate.

2020

日本語教室 Japanese Classes

Come learn Japanese with others. This is information on classes offered other than at UCIA.

Venue	Day	Time	Level	Cost	Inquiries
Machizukuri Center (5-9-7 Motoimaizumi)	Monday	10:00AM - 12:00PM	Beginner - Intermediate	1 month 500 yen	Ippo Ippo Nihongo 028-637-7394
	Sunday	1:15PM - 2:45PM	Beginner	10 times 3,300 yen	NPO Dekthai Group 028-678-8996
Tochigi International Association (9-14 Hon-cho)	Tuesday	10:00AM - 12:00PM	Beginner - Intermediate	1 time 300 yen	FJC Nihongo Tomonokai 028-635-9595
	Thursday		Advanced		
	Friday		Beginner - Intermediate		
UIP (4-1-1 5F Baba-dori)	Saturday				
Kiyohara Chiku Shimin Center (15-4 Kiyohara Kogyo Danchi)	Saturday	7:00PM - 9:00PM	Beginner - Intermediate	1 term 1,000 yen	Kiyohara Chiku Kokusai Koryukai 028-667-1014

Please inquire prior to going to a language class.

Utsunomiya International Plaza (UIP) Service

Interpreter Volunteer Service

Consultation for Foreign Residents

(※Consultation in Vietnamese has started from April.)

		Spanish Portuguese	Vietnamese	Chinese	Thai	English
UIP ☎028-616-1564	3:00PM - 6:00PM	Mon	1 st & 3 rd Mon	Tues	Wed	Fri
		4 th Sunday of the month (appointment needed)				
City Hall ☎028-632-2834 (during office hours)	9:00AM - 12:00PM	Thurs	—	2 nd Thurs	—	—
	2:00PM - 5:00PM	Thurs	2 nd Thurs	—	1 st Thurs	3 rd Thurs
Administrative Scrivener ☎028-616-1564	3:00PM - 5:00PM	3 rd Monday of the month (appointment needed)				

Volunteer goes with someone needing language assistance to such places as national and prefectural facilities and the city hall, and interpret for them

- ▶ Monday – Sunday
8:30AM – 7:00PM
- ▶ 1 time (2 hours) 2,000 yen
- ▶ Please fill our application form at UIP, pay the fee, and submit the application.

“Oh-i!” is published in easy Japanese, English, Chinese, Portuguese, Thai, and Vietnamese is also available
On the UCIA website.
<http://www.ucia.or.jp>