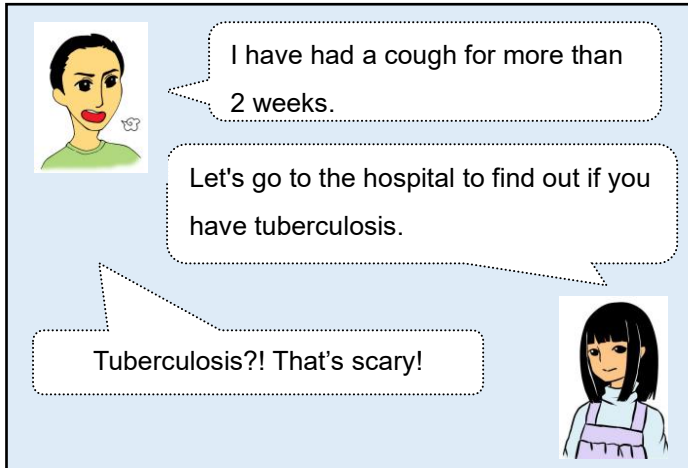


Contents Page 2 The disposal method of batteries will change starting in April. Do not dispose your household garbage on roads, etc.
 Page 3 Spring Vacation Japanese Language Course, Utsunomiya Street Performance Festival♪, etc.
 Page 4 Miya no Toku × Toku Tickets, Consultation for Foreign Residents, etc.

That cough may be tuberculosis!?

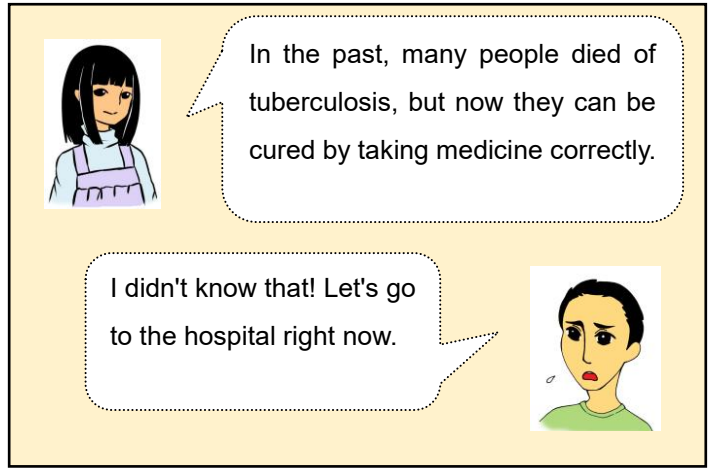
~ Tuberculosis is a dangerous disease! Go to hospital quickly to seek medical treatment. ~



I have had a cough for more than 2 weeks.

Let's go to the hospital to find out if you have tuberculosis.

Tuberculosis?! That's scary!



In the past, many people died of tuberculosis, but now they can be cured by taking medicine correctly.

I didn't know that! Let's go to the hospital right now.

■Tuberculosis is transmitted through the air

When a person with tuberculosis coughs, germs scatter, and if another person inhales them, he/she may become infected.

■Go a hospital if the following apply

If you have a cough, phlegm, or fever for more than 2 weeks, go to a hospital to check if you have tuberculosis. It is very important to go to the hospital early on to prevent tuberculosis from getting worse and to prevent the transfer of tuberculosis to family and friends.

■ If you get "tuberculosis"

Tuberculosis is cured by taking medicine for 6-9 months. (The city pays a part of the hospital expenses.)

■Consult the Health Center if you have any concerns

Japan's Health Centers provide such services as public health nurse (professional) visitations, consultations, and assistance to enable correct treatment for recovery.



"When you have concerns, seek consultation!"
Assistance is available in various languages.
※No. of languages supported (14 countries)

Source: "Tuberculosis Common Sense 2022," Public Interest Foundation, Tuberculosis Prevention Association









Inquiries: Utsunomiya City Health Center Health Prevention Division
 Infectious Disease Prevention Group ☎: 028-626-1114

The disposal method of batteries will change starting in April

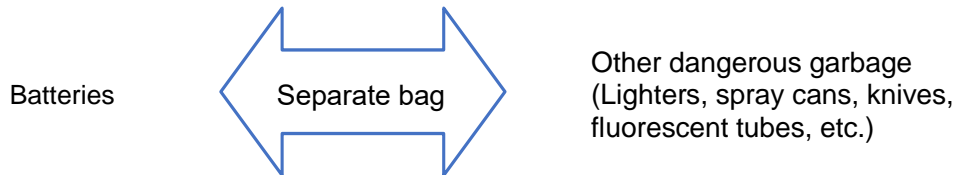
■ From April 2023, the category of “hazardous waste” will be changed to “batteries” and “other hazardous waste.” To prevent fires, separate batteries properly before disposing of them.

■ Items that can be disposed of as batteries at garbage stations:

<p>Dry cell batteries</p> 	<p>Coin batteries (Model no. CR, BR)</p> 	<p>Electronic cigarettes/ heated cigarettes</p> 	<p>Items that can be put out at garbage stations from April</p>
<p>Button batteries (Model no. SR, PR, LR)</p> 	<p>Small secondary batteries (rechargeable batteries)</p> 	<p>Mobile batteries</p> 	

■ How to dispose of batteries

1. Attach tape to the positive and negative ends of the battery.
2. Put only batteries in a transparent bag.
3. On a hazardous waste day, put batteries in a separate bag from other hazardous waste.



Inquiries: Garbage Reduction Division ☎ 028-632-2413

Do not dispose your household garbage on roads, mountains, rivers, etc.

Many people move in March and April, so a lot of household garbage is disposed of at this time.

Do not throw out garbage such as TVs and futons on roads, mountains, forests, rivers, fields, etc. In addition, please do not burn household garbage in your house.

When disposing of garbage, please follow the rules, such as putting it out in a designated place or having a contractor pick it up.

Please work together to keep the city clean.

Inquiries: Garbage Management Division ☎ 028-632-2929

Events may be cancelled due to impact of COVID-19.
Please make sure to confirm before going to an event

Spring Vacation Japanese Language Course

- 🕒 March 27 (Mon), 28 (Tues), 29 (Wed), 30 (Thurs), 31 (Fri)
April 3 (Mon), 4(Tues), 5 (Wed) (8 times in total)
10:00AM - 12:00PM



- ☺ This is a Japanese language course for children with foreign roots who need support for learning Japanese.

Cost Free of charge

Sign up An application should be made by phone, fax or e-mail. Please make sure that you state the student's name, address, telephone number, school name, grade, nationality, and duration of stay in Japan.

@ Chuo Shogai Gakusyu Center (1-1-13 Chuo) 205・206

☎ Utsunomiya City International Association 028-616-1870 FAX: 028-616-1871

✉ ucia@ucia.or.jp

International Exchange Salon 🎵

- 🕒 Every 4th Saturday 4:00PM - 6:00PM
March 25 (Sat)
- ☺ An event at which you can talk with people from various countries 🎵

Cost Free

@ Utsunomiya International Plaza

(4-1-1 Baba-dori)

☎ 028-616-1563



Utsunomiya Street Performance Festival 🎵

- 🕒 March 25 (Sat)・26 (Sun)
- ☺ Enjoy balloon performers, pantomimes, juggling and food booths, etc.
- @ Orion Square (8-3 Eno-machi)
Various places in Orion Street
Utsunomiya Street Performance Festival
Executive Committee
- ☎ 028-634-1722



Recommended Cherry Blossom Spots



The followings are famous cherry blossom spots in Utsunomiya City. Enjoy the cherry blossoms in full bloom!

	Hachiman-yama park	Cherry blossoms along the Tagawa river	Syo-un-ji Temple	Kosi Sakura in Shiroyama Nishi Elementary School
Highlight	About 830 cherry trees are planted in a park in the center of the city.	Weeping cherry trees lined up along the Tagawa River from the Miya-no-hashii Bridge in front of JR Utsunomiya Station	A 300-year-old weeping cherry tree that is a natural monument of the prefecture.	A 400-year-old weeping cherry tree that is a natural monument of the city. It will also be lit up at night.
Best time to see	Late March - Early April			Early April - Mid April
Address	Hanawada 5 Chome	Imaizumi 2 chome -Ekimaedori 2-chome	Higashi Tomatsuri 2-chome	583 Kogashi-machi

Miya no Toku × Toku Tickets



The valid time period for using “Miya no Toku x Toku Tickets,” gift certificates with a premium, will soon come to an end.

You can use these gift certificates to buy items with premium benefits until March 31.

Take a look at the website below for a listing of which stores accept the gift certificates.

These gift certificates can no longer be used starting April 1, so if you have purchased gift certificates, please be careful not to forget to use them.

Home Page URL: <https://miyanotokutoku-ticket.jp>

Inquiries: ☎ 028-651-3710 (Weekday 10:00AM - 5:00PM)



Utsunomiya International Plaza (UIP) Service

Consultation for Foreign Residents

※Communication in other languages is also possible using a tablet capable of multilingual interpretation and translation.

		Spanish Portuguese	Vietnamese	Chinese	Thai	English
UIP ☎028-616-1564	3:00PM - 6:00PM	Mon	1 st & 3 rd Mon	Tues	Wed	Fri
		4 th Sunday of the month (Appointment needed)				
City Hall ☎028-632-2834 (During office hours)	9:00AM - 12:00PM	Thurs	—	2 nd Thurs	—	1 st Thurs
	2:00PM - 5:00PM	Thurs	2 nd Thurs	—	1 st Thurs	3 rd Thurs

Interpreter Volunteer Service

Volunteer goes with someone needing language assistance to such places as national and prefectural facilities and the city hall, and interpret for them

- ▶ Monday – Sunday
8:30AM – 7:00PM
- ▶ 1 time (2 hours) 2,000 yen
- ▶ Please fill our application form at UIP, pay the fee, and submit the application.

“Oh-i!” is published in easy Japanese, English, Chinese, Portuguese, Thai, and Vietnamese. You can also read it on the UCIA website. <https://www.ucia.or.jp/>

Past issues are also available!



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