



Oh-i!



英語

Issued by Utsunomiya International Plaza (UIP)
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Do you know about the rainy season?



Don't you think it's been raining a lot recently?

That's because it's the rainy season.



Rainy season?

The period between June and July in Japan is called the rainy season, and many days it is either cloudy or rainy.



Oh, I see.



During the rainy season, laundry doesn't dry easily and mold is easily generated, so it's a good idea to have good air ventilation and use your air conditioner, dehumidifier, etc.



The main reason that food goes bad is because of germs, such as bacteria, mold, etc. Conditions for which bacteria increases are high "temperature" and "humidity," so it's a good to store food in a refrigerator or freezer.



In my home country there is no rainy season, so I'm a bit worried. Let me talk to you about this again.

OK! You are also welcome to consult the UIP (page 4) on any concerns such as this or others.





Last year 421 bicycle accidents occurred in Utsunomiya City.

When riding a bicycle, obey the traffic rules (5 Rules for Safe Bicycle Use) and ride in a safe manner.

◇ 5 Rules for Safe Bicycle Use

- ① Generally bike on the road. Stay on the left side. Biking on the sidewalk is an exception. Give priority to pedestrians.
- ② Obey traffic lights at intersections and stop signs, etc., and confirm it is safe before proceeding.
- ③ Turn on your bike light at night.
- ④ Driving under the influence of alcohol is prohibited.
- ⑤ Wear a helmet.

◇ Using a smartphone while doing something else is dangerous

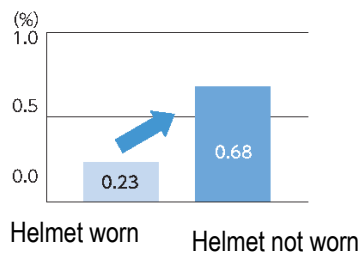
It is very dangerous to use a smartphone, etc. while bicycling, driving a car, or walking.

The use of a smartphone while bicycling is prohibited by the Road Traffic Law, and violation may result in a fine of 50,000 yen or less.

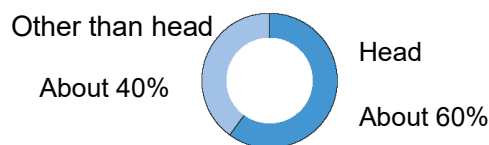
Wear a helmet

The fatality rate is about 3 times higher if not wearing a helmet. In fatal accidents when no helmet was worn, 60% had severe injury to the bicyclist's head.

Fatality rate comparison in bicycle



Injured locations in fatal accidents when not wearing a helmet



You must be enrolled in insurance

If you injure someone while you are riding a bicycle, that will cost you a lot of money.

For that reason, in Tochigi Prefecture you must be enrolled in insurance in order to ride a bicycle.

You can enroll in insurance at a bicycle shop, etc.

Inquiries: Life Safety Division (*Seikatsu Anshin-ka*) ☎028-632-2264

Periodic Vaccines for Children

Children who are registered residents of Utsunomiya City and are within the target age range can receive vaccines for free. Please refer to the Utsunomiya City website or inquire to the Health Issue Prevention Division for details on the vaccine types and target ages, etc.



City website: Periodic Vaccines ⇒



Inquiries: Health Issue Prevention Division (*Hoken Yobo-ka*) ☎028-626-1114

International Exchange Salon 🎵

🕒 Every 4th Saturday 4:00PM - 6:00PM

June 24 (Sat) Tanabata (the Star Festival) Strip Making

😊 A place where you can talk with people from various countries 🎵

Cost Free

@ Utsunomiya International Plaza (4-1-1 Baba-dori)

☎ 028-616-1563



Japanese Cinema

🕒 June 16 (Fri) 10:00AM~

June 17 (Sat) 2:00PM~

😊 Mito Komon

Limit First 50 people

Cost Free

Sign up Not necessary

@ East Library (*Higashi Toshokan*)
Audiovisual Library (3-5-1 Nakaimaizumi)

☎ 028-638-5704



East Library Science Lecture

🕒 July 1 (Sun) 1:30PM - 3:00PM

😊 Pill bug observation and body build, etc. lecture by Yukio Minamitani, a researcher at the prefectural museum.

Cost Free

For Elementary school students (Guardian must accompany 3rd grade and younger students)

Limit First 20 groups

Sign up June 17 9:30AM~

Fill in the sign up form

@ East Library (*Higashi Toshokan*)
(3-5-1 Nakaimaizumi)

☎ 028-638-5614

Live Picture Book Theater



🕒 June 24 (Sat) *Cancelled if it rains
11:00AM (1st) 1:00PM (2nd) 3:00PM (3rd)

😊 "Pisumairu" "Mitsubachi Ressha de Ikou" "Tanpopo Lion"

Performed with the picture books and music together 🎵

Cost Free

Sign up Not necessary

@ Michi no Eki Utsunomiya, Romantic Village
Large tent square stage
(254 Nissato machihei)

✉ obisstudio@gmail.com

Recycled Item Crafts Workshop

🕒 June 24 (Sat) & 25 (Sun)
10:00AM - 12:00PM, 1:00PM - 3:00PM

😊 Use empty containers, etc. to make parachutes and flying disks, etc.

Cost Free

Limit First 16 people

Sign up Not necessary

@ Environmental Learning Center
(*Kankyo Gakushu Center*)
(777-1 Mobara-cho)

☎ 028-655-6030



Fun Festival

🕒 July 9 (Sat) 1:00PM - 4:00PM

😊 Drumming performance

Kids' recreation activities

Take out booths, etc.

Limit First 100 kids (Up to 4 kids per family)

Sign up June 13 at 6:00PM~ By phone

Cost 100 yen per child

@ Youth Activity Center (*Seishonen Katsudo Center*) (3007 Imaizumi-cho)

☎ 028-663-3155

Interview

Sachio Noda from Brazil



We interviewed Mr. Noda about his life in the Amazon, how he teaches children his native language, capoeira activities, etc.!

Boa tarde! ("Hello" in Portuguese)

Mr. Noda is from the Amazon in Brazil. He is doing nursing work.

UCIA: What type of place is the Amazon?

Noda: It is a very wonderful place! It is full of nature, animals, plants, fruits, water, etc.

UCIA: What kind of lifestyle did you have there?

Noda: Indian cuisine is delicious. My way of life was simple, but enjoyable. When I was a child, I would play with the babies of alligators, snakes, and jaguars that came near my house.

UCIA: What made you decide to come to Japan?

Noda: When I was 16, my father came to work in Japan, so my family moved here.

UCIA: Your son speaks Portuguese very well. How do you teach him?

Noda: I grew up in the 2 cultures of Japan and Brazil. My son is the same. I speak with him only in

Portuguese, and my Japanese wife speaks to him in Japanese.

UCIA: How would you describe Brazilian capoeira?

Noda: Everyone gets in a circle, plays instruments, sings songs, and competes with skills in a dance-like manner in the circle. Capoeira is a traditional martial art and an art that includes elements of martial arts, dance, and music.

UCIA: How did you learn capoeira?

Noda: First I learned it in the capoeira club in Oyama City, and then I learned skills, how to play instruments, and songs on my own. To me capoeira is a "treasure that gives me strength to live."

UCIA: What do you want to do in the future?

Noda: I want to restart the capoeira classes that were cancelled due to COVID. I want to spread a way of life that is full of peace, joy, and health to many people through Brazilian culture.

UCIA: Mr. Noda, Obrigado! (Thank you)

Utsunomiya International Plaza (UIP) Service

Consultation for Foreign Residents

※Communication in other languages is also possible using a tablet capable of multilingual interpretation and translation.

| | | Spanish Portuguese | Vietnamese | Chinese | Thai | English |
|--|------------------|--|---------------------------------------|-----------------------|-----------------------|-----------------------|
| UIP 028-616-1564 | 3:00PM - 6:00PM | Mon | 1 st & 3 rd Mon | Tues | Wed | Fri |
| | | 4 th Sunday of the month (Appointment needed) | | | | |
| City Hall 028-632-2834 (During office hours) | 9:00AM - 12:00PM | Thurs | — | 2 nd Thurs | — | 1 st Thurs |
| | 2:00PM - 5:00PM | Thurs | 2 nd Thurs | — | 1 st Thurs | 3 rd Thurs |



UCIA's official LINE

We send fun exchange events and life information. "Please register as a friend and use it as an information gathering tool."



"Oh-i!" is published in easy Japanese, English, Chinese, Portuguese, Thai, and Vietnamese. You can also read it on the UCIA website.
<https://www.ucia.or.jp/>



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