

Issued by Utsunomiya International Plaza (UIP)
Edited by NPO Utsunomiya City International Association (UCIA)
Tel: 028-616-1563 Fax: 028-616-1568
E mail: u1820@city.utsunomiya tashigi in

E-mail: u1820@city.utsunomiya.tochigi.jp 5F Omotesando Square, 4-1-1 Baba-dori, Utsunomiya City



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The basics of disaster prevention are "self-help" (protecting the life of oneself and family members). Please check the information below!

- \sim Points \sim
- ∇ When evacuating, be sure to bring along a thermometer, hand disinfectant, and mask.
- ▽If you don't discard remaining bath water right away, it can be used in the event of a fire caused by an earthquake or for toilets, etc.
- ∇Always non-perishable food and daily necessities in a slightly larger quantity than needed, and replenish your stock when you use them.
- ∇In the event of a disaster, electricity and water supply will become unusable, and food and daily necessities will be difficult to access.

Be prepared to live for at least 3 days on your own.

☎Disaster Management Division (Kiki Kanri-ka) 028-632-2052

■Beverages & food (drinks & food)

- ▼Water (3ℓ per person per day recommended)
- ▼Canned food, etc. side dishes
- ▼Instant rice
- ▼Instant food, etc.

■Valuable items

- **▼**Cash
- ▼Signature seal
- ▼ Health insurance card
- ▼ Deposit passbook
- ▼Driver's license, etc.

■Daily necessities (Things for daily life)

- **▼** Toiletries
- **▼**Cosmetics
- **▼**Towel
- ▼Glasses & contact lenses
- ▼Plastic bags, etc.

■Clothing (Clothes)

- ▼Underwear
- ▼Cold protection wear
- **▼**Socks
- ▼Rain gear, etc.

■Lights, etc.

■Emergency medicine (Medicine)

- **▼**Flashlight
- **▼**Radio
- **▼**Chargers (For
 - Smartphone, etc.)
- **▼**Batteries, etc.

- **▼**Band-aids
- ▼ Household medicine
- **▼** Mask
- ▼ Hand disinfectant
- ▼ Wet tissue
- ▼Thermometer, etc.

■Other

- ▼Tabletop stove
- ▼Matches & candles
- **▼**Whistle
- ▼Safety helmet
- ▼Blanket
- **▼**Work gloves
- ▼Disposable hand warmers,

etc.

Life Information

Municipal & Prefectural Tax Declaration



Utsunomiya City website ID:1021110

Your municipal and prefectural tax is calculated based on your income from the prior year. Persons living in Utsunomiya City on January 1, 2024 are to make their declaration at the Utsunomiya City Hall.

■Tax declaration to Utsunomiya City

Venue: Municipal Tax Division (Shiminzei-ka) (Utsunomiya City Hall 2F)

Period: February 16 (Fri) – March 15 (Fri)

Closed Saturdays, Sundays, national holidays

Hours: 8:30AM - 5:15PM

Also open February 25 (Sun) for declaration. Hours: 9:00AM - 4:00PM

Inquiries: Utsunomiya City Hall, Municipal Tax Division (Shiminzei-ka)

2028-632-2217, 2233, 2221, 2214

Q. Is it mandatory to make declaration even if I don't have any income?

A. It is mandatory to make a declaration even if you have no income.

In addition, tax and tax certificates necessary for residence status procedures, which cannot be issued unless you have filed a report, so please file it during the declaration period.

Q. What do I need to make a tax declaration?

A. Please bring the following items with you.

- ① Document showing your income for the prior year, such as a withholding slip, etc.
- ② Document showing the amount you paid for social insurance, such as national health insurance tax, etc.
- ③ Deduction certificates, such as life insurance premiums, etc.
- 4 Medical statements (If receiving medical expense deductions)
- ⑤ Document proving the amount of money sent and showing the relationship with a person you sent money to, such as a national family register or residence certificate
 - (If receiving a dependent deduction for relatives living outside Japan)
- ⑥ My Number card or notification card (A form of personal ID, such as your residence card, etc. is also required for using a notification card)

XTax declaration to tax bureau

A "tax declaration" refers to declaring your income for the past year to the tax bureau and completing the procedures that determine the amount of income tax you owe. If your company does not do year-end adjustments or if you worked at 2 or more companies in the past year, then please make a tax declaration.

Venue: Maronie Plaza

Open: February 25 (Sun) Hours: 9:00AM - 4:00PM

Inquiries: Utsunomiya Tax Bureau (Utsunomiya Zeimusho)

2 028-621-2151 (Automated guidance)

*You need a numbered ticket to enter the venue. You can have one issued to you it in advance on LINE. Entrance numbered tickets will also be distributed at the venue, but if they are already all passed out on the day you go, you cannot enter that day.

Fun events 🎜 🕽

International Exchange Salon ♪

- Feb 24 (Sat) 4:00PM 6:00PM
 Every 4th Saturday
- ② An event where you can talk with people from various countries ♪

Cost Free

- Utsunomiya InternationalPlaza (4-1-1 Baba-dori)
- 028-616-1563



Kamikawachi Library Festival ♪

- March 3 (Sun) 9:30AM 12:00PM
- Various hands-on type events
 - · Balloon art
 - Food & beverages sold on kitchen cars, etc.
- (a) Kamikawachi Library(182-1 Nakazato-machi)
- 028-674-1123

Handmade Picture Book Poco a Poco 40th Anniversary Exhibition

- Feb 17 (Sat) 21 (Wed),23 (Fri) 29 (Thurs) 10:00AM 4:00PM
- Handmade picture book exhibition by the world's only Poco a Poco members

Cost Free

- East Library (3-5-1 Nakaimaizumi)
 Central Library (7-57 Akebono-cho)
 South Library (56-1 Suzumenomiya-machi)
- Central Library 028-636-0231

South Library Famous Film Festival

- Feb 18 (Sun) 2:00PM 3:45PM
- "The Tale of Young Plants"
 ("Wakakusa Monogatari")

Cost Free

Limit First 300 people

Sign up Not necessary

South Library (Minami Toshokan)(56-1 Suzumenomiya-machi)

028-653-7609

Ride the LRT! Utsunomiya Hyakkei Cherry Blossom Tour

- March 27 (Wed) 9:00AM 12:00PM
- Take the LRT to tour famous places of Utsunomiya
 and see the Hyakkei cherry blossoms
 ♪

Cost 700 yen (LRT fare)

Limit Lottery to select 15 people

Sign up Fill in the application form on the city's website or apply by a reply-paid postcard by March 1 (must arrive by then).

- @ Gathering/dismissal location: JR Utsunomiya Station East Exit Exchange Square
- **T** Keikan Midori 028-632-2558

Interview

Arezu from Iran

We asked Arezu about Iran, the Tehran Bazaar, what brought about interest in Japan, cultural differences, the reason for teaching Persian, and a message for everyone.



"Salam!" ("Hello" in Persian)

Arezu Yamagishi Allez came to Japan eight years ago as a foreign exchange student and teaches Persian while working at a company.

UCIA: What kind of county is Iran?

Arezu: Iran is thought to be a hot country, but it has four seasons and its climate is similar to that of Utsunomiya.

Iran is a country with an old history, which such remains as the Palace of Persepolis, built in 518 B.C. still existing today.

UCIA: What kind of place is your hometown, Tehran?

Arezu: It is the most developed city in Iran. There is a huge Tehran Bazaar with almost everything, and you can enjoy the buildings and atmosphere.

UCIA: How did you learn about Japan?

Arezu: I watched shows such as "Captain," "Ikyu-san," and "Oshin" on Iranian TV. I especially liked the story of cooperating with "Captain's" comrades to grow up.

UCIA: What kinds of custom differences have you felt?

Arezu: In Iran, people take a morning shower saying as motivation to do their best that day as well. In Japan, people warm themselves up in a bath and then go to sleep. I was surprised at this difference.

UCIA: Why did you decide to teach Persian?

Arezu: I realized that most people didn't know about Iran, and I wanted them to learn about Iranian life and culture while teaching Persian. I am asked questions by the students and look up information to answer them, so I am learning new things too, which I very much enjoy.

UCIA: Please share a message with everyone.

Arezu: Learning Japanese is important, but it is also important to cook Japanese food at home and to take in Japanese culture. Please increase flexibility in your life and work.

I am also grateful to the Japanese people for creating an environment for accepting foreigners.

UCIA Arezu, Merci! (Thank you!)

Utsunomiya International Plaza (UIP) Service

Consultation for Foreign Residents

*Communication in other languages is also possible using a tablet capable of multilingual interpretation and translation.



Clipart provision: Pages 1, 3 by Sachie Kin, and page 4 by Yurika Usui & Natsuki Nemoto

Official UCIA LINE

We send fun exchange events and life information.

"Please register as a friend and use it as an information gathering tool."

"Oh-i!" is published in easy Japanese, English, Chinese, Portuguese, Thai, and Vietnamese. You can also read it on the UCIA website. https://www.ucia.or.jp

